



October 6-10, 2022

WISDOM HOUSE

Retreat & Conference Center

229 East Litchfield Road, Litchfield, CT

Beyond Diversity 101™ - RACE

Dispelling the Myths of White Superiority and the Inferiority of Black and Latinx Peoples*

This BD101 workshop offers a space for people to name and transform internalized, interpersonal, and structural patterns of white supremacy, racism, and colonialism.

WORKSHOP LEADERS



Niyonu D. Spann



Lisa Graustein



Angela Cusicanqui



Brenda Liz Cotto

ASSISTANTS



Eric Rey



Aaron Jafferis

WORKSHOP GOALS

We will work as a whole group as well as in racial identity Affinity for Healing Groups* to:

- Identify and understand patterns of racism, white supremacy, and colonization within ourselves and throughout society;
- Begin to replace these internalized patterns with ones of justice, peace and liberation;
- Practice skills in accessing inner guidance and reconnecting to ancestral wisdom for living into wholeness; and
- Develop skill in speaking from Y/OUR knowingness; speaking truth out loud.

* As we continue to grow BD101 RACE, we will add more Affinity for Healing Groups to include more racial identity groups.

www.BD101.org | 609.880.1888



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TO APPLY

Online application at
www.bd101.org

For more information email
4circlesbeyond@gmail.com

or call **609.880.1888**

COST

\$1,050 per participant includes tuition, lodging & meals;
\$1,250 for a single.
Scholarship aid available.

Spending half of our time each day in racial affinity groups, this workshop allows time and space for individual work, healing within our racial groups, and the work we need to do as a whole group together. Exploring history, sharing our stories, using movement, art, media and body work, we will access and seek to dislodge seeds of inferiority and superiority that live within us. We seek to establish new ways of being ~ greater wholeness, truth-telling, and healing. We create a space that invites and supports us to be transformers who work to de-structure systemic and structural racism in this world.

The workshop will be limited to 36 participants - with an equal number of individuals in each of the racial Affinity for Healing groups.