Beyond Diversity 101™ - RACE

Dispelling the Myths of White Superiority and the Inferiority of Black and Latinx Peoples*

This BD101 workshop offers a space for people to name and transform internalized, interpersonal, and structural patterns of white supremacy, racism, and colonialism.

WORKSHOP GOALS

We will work as a whole group as well as in racial identity Affinity for Healing Groups* to:

- Identify and understand patterns of racism, white supremacy, and colonization within ourselves and throughout society;
- Begin to replace these internalized patterns with ones of justice, peace and liberation;
- Practice skills in accessing inner guidance and reconnecting to ancestral wisdom for living into wholeness; and
- Develop skill in speaking from Y/OUR knowingness; speaking truth out loud.

* As we continue to grow BD101 RACE, we will add more Affinity for Healing Groups to include more racial identity groups.

www.BD101.org | 609.880.1888

WORKSHOP LEADERS

Niyonu D. Spann
Lisa Graustein
Angela Cusicanqui
Brenda Liz Cotto

ASSISTANTS

Eric Rey
Aaron Jafferis
Spending half of our time each day in racial affinity groups, this workshop allows time and space for individual work, healing within our racial groups, and the work we need to do as a whole group together. Exploring history, sharing our stories, using movement, art, media and body work, we will access and seek to dislodge seeds of inferiority and superiority that live within us. We seek to establish new ways of being ~ greater wholeness, truth-telling, and healing. We create a space that invites and supports us to be transformers who work to de-structure systemic and structural racism in this world.

The workshop will be limited to 36 participants - with an equal number of individuals in each of the racial Affinity for Healing groups.

TO APPLY
Online application at www.bd101.org
For more information email 4circlesbeyond@gmail.com
or call 609.880.1888

COST
$1,050 per participant includes tuition, lodging & meals; $1,250 for a single. Scholarship aid available.